

Mental health awareness

Online Distance Learning Course



Apply at: www.mcls.ac.uk/courses

Contact us today for more information:

Tel: 01642 811400 Email: info@mcls.ac.uk Web: www.mcls.ac.uk

 @mbrolearning  Middlesbrough Community Learning

This course will increase your knowledge and understanding of mental health and covers the social and personal effects of mental ill health, cultural diversity and mental health issues, responses to mental health issues and looks into the skills needed when working in mental health. This course can help you to achieve a career in the health and social care sector.

This course is an ideal starting point if you are interested in mental health, either for your personal life, or professional interest. The course is accessible for anyone aged 16 or over, as the online content is interactive and engaging.

KEY FEATURES


- Fully online
- Study from anywhere, at any time
- Perfect for an introduction to a subject or a subject refresher
- Great addition to your CV
- Receive an e-certificate upon completion
- Nationally recognised
- Official CPD certified course

Section 1: What is meant by mental health

Section 2: The social and personal effects of mental ill health

Section 3: The responses to mental health issues

Section 4: Cultural diversity in relation to mental health issues.

Course Length 	8 hours
Learning Method(s)	Online learning materials with online assessment